



2008 Aquatics Conference

Aquatics Boot-Camp @ MCC Water Facility, Waco, TX: January 9-12

Day 1-Jan. 9

Fundamentals of Instructor Training (F.I.T.)

Target Audience: Open to Certified Teachers, former Water Safety Instructors, Former Lifeguard Instructors or Instructors from other aquatic organizations.

Pre-requisites: None

Class Time and Location: Wednesday Jan 9 @ Heart of Texas Fair and Rodeo Complex from 2:00pm to 6:00pm.

Content: FIT is projected for (4) hours in length and is a pre-requisite for all American Red Cross Instructor level training which includes: teaching methods, Instructor Responsibilities and Effectiveness, student characteristics, concepts of learning, records and reporting, and ARC history/information

Lifeguard Management (R.06)

Class Time and Location: Wednesday Jan 9 @ Heart of Texas Fair and Rodeo Complex from 8:00am to 6:00pm.

Content: Revised in the fall of 2006, Lifeguard Management provides aquatic managers and lifeguard supervisors with the knowledge and skills to effectively manage lifeguards and to keep patrons, lifeguards, and aquatic facilities safe.

Participants receive LG Management Participant Manual and CD-ROM which features 60+in-service training outlines and forms to assist managers in day to day operations.

Day 2 to 4: Jan. 10-12

Lifeguard Instructor (R.06)

Target Audience: Open to Certified Teachers, Current Water Safety Instructors or Lifeguard Instructors or Lifeguard Instructors from other aquatic organizations as well as expired ARC Lifeguard Instructors.

Pre-requisites: Current FIT certificate or ARC Health and Safety Instructor authorization in another specialty area, Certified Teacher, ARC-WSI or LGI within the last two years. Ellis and Associates LGI's are also eligible, with current FIT certificate. All participants must have a personal copy of Lifeguard Training (R.06) Manual and resuscitation (pocket) mask.

Class Time and Location: Training begins on Wednesday Jan 10-12 @ MCC Water Facility 8:00pm to 6:00pm. All students must check in at the American Red Cross booth at the Heart of Texas Fair and Rodeo Complex on Jan. 7

Content: A twenty-six hour course concentrating on how to teach LG training, LG Review/Challenge, Basic Water Rescue, CPR/AED for the PR, And Water Safety Today. New optional Modules of O2 administration, Blood borne Pathogens: Preventing Disease Transmission, and AED: Automated External Defibrillation. All Participants must pass written exam as well as successfully execute 2-3 practice teaching sessions, also practical skills tests at the beginning of the session.

Day 2 to 4: Jan. 10-12

Water Safety Instructor (R.04)

Target Audience: Open to Certified Teachers, former Water Safety Instructors or Current Lifeguard Instructors.

Pre-requisites: Current FIT certificate or ARC Health and Safety Instructor authorization in another specialty area, Certified Teacher, ARC-Lifeguard Instructor or ARC-WSI certified within the last two years with current FIT certificate. All students must possess a personal copy of Water Safety Instructors Kit and Whale Tales.

Class Time and Location: Training begins on Wednesday Jan 10-12 @ MCC Water Facility 8:00pm to 6:00pm. All students must check in at the American Red Cross booth at the Heart of Texas Fair and Rodeo Complex on Jan. 7

Content: A twenty-six hour concentrated course to train candidates to teach ARC Learn to Swim courses, Parent/Child Aquatics, Basic Water Rescue, and Water Safety Today. Participants must pass a practical skills test at the beginning of the session. Stroke execution in front-crawl, back-crawl, breaststroke, elementary backstroke, sidestroke, and butterfly must be demonstrated as well. A written exam plus 2-3 practice teaching assignments are administered prior to completion of the course.

Day 2 to 4: Jan. 10-12

Lifeguard and/or Water Safety Instructor Trainer held in tandem with Lifeguard Instructor and Water Safety Instructor courses.

Contact the Chapter @ 254-776-8362 for details on "Instructor Trainer" formats.